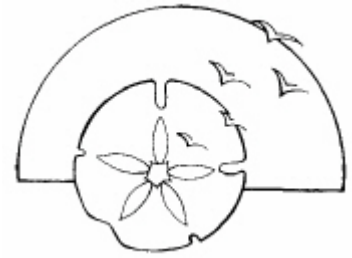




Sandy's Fabulous Talks!



Why Sandy?

Sandy McDaniel is a parenting coach and youth mentor with over 50 years' experience. She communicates with clarity, warmth and humor and her teaching style disarms defensiveness. Sharing insights based on her keen understanding of child development and her wisdom of experience, Sandy unlocks the secret to managing children's misbehavior with this key truth: when children feel insecure, they misuse power. Sandy's expert guidance and encouragement inspires and empowers parents and adults who work with children:

- To Raise emotionally healthy, empathetic, loving adults
- To Instill resilience to setbacks
- To Develop reliable, responsible, respectful character
- To Repair dysfunctional family systems and defuse angry acting out
- To Nurture children into adults with a clear internal compass and self confidence

The simple, easy to use McDaniel Discipline system uses fair consequences for unacceptable choices and defuses even the most defiant children without physical or emotional harm. Children raised with a reasonable discipline structure learn to manage their own behavior. Children given reassurance of unconditional love learn to trust love and develop healthy relationships.

Sandy's discipline instruction and parenting lessons are available through the internet, books, speaking engagements, CDs and other media. Contact her at sandy@sandymcdaniel.com.

Career Highlights

- 50 years: Educator, trainer, author, columnist, speaker, parenting expert
- Author:
 - "Don't Feed the Dragon"
 - "Recipes from Parenting"
 - "Leave Your Baggage at the Door"
 - "Project Self-Esteem" (co-author)
- "Parenting Solutions" columnist for the Orange County Register, CA (8 years)
- Current Parent columnist for "The School News Roll Call," CA
- BA University of Redlands, CA (Speech and Communications Major)
 - Extension program, Salzburg, Austria
- Recognition:
 - The Harmony Award, National Congress Parents and Teachers Honorary Service Award
 - Golden Apple Self-Esteem Service Award
 - Disneyland Community Service Award
- Contact:

Sandy McDaniel
PO Box 1437, Meridian, ID 83642
CA: (949) 642-3605
ID: (208) 514-4083

"If you truly care about your children or your grandchildren and want to see our world change and improve, read Sandy's books and tell your neighbors to read them."

Marlo Morgan, Author of "Mutant Message Down Under"

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Sandy is magic!

"You have been an angel in our home. I can't thank you enough for the simple yet powerful tools you have given me and my husband in dealing with our feisty, hard-headed toddler."



WORKSHOPS, TALKS AND PRIVATE COACHING

For over 30 years, Sandy has lectured internationally on teaching parents how to parent their children more skillfully and more lovingly. Because so many schools and groups invite her to speak more than once, she has developed three different parenting talks. Though no one talk is dependent upon the other, she recommends starting with Stop Feeding Your Dragon. Talks range from one to two hours and Sandy will tailor the content of a talk to meet the specific needs of each group. Her work is based on 48 years of research and training with children. Her humor, passion for helping children and knowledge of them, make her a wonderful speaker and educator.

Sandy's current schedule of workshops and talks is outlined below. Although Sandy does not speak Spanish, she has worked with many Hispanic families in California.

AUDIENCE	TITLE	TIME	PAGE
Parents, grand-parents, child care givers	Stop Feeding Your Dragon* (a.k.a., Parenting Boot Camp)	60 – 90 mins.	5
	The Three R's of Parenting; How to Raise Reliable, Respectful, Responsible Children	60 mins.	8
	Sowing the Seeds of Self-Esteem	60 mins.	9
Single Parents	Out of the Frying Pan, Into the Fire	60 – 90 mins.	10
Children and their parents	Making Good Choices	60 – 90 mins.	11
Daycare Providers	How To Get Off The Merry-Go-Round	60 mins.	13
Adults	Leave Your Baggage at the Door	60 – 120 mins.	14
Teachers	Teacher Inservices	2 – 5 hrs.	15
Doctors, nurses, and medical professionals	The 5-Minute Parenting Consult	30 – 60 mins.	17
Parents and child care givers	Private Parent Coaching	1 – 2 hrs.	18

* When parents take a series of Sandy's workshops, it is highly recommended that they take "Stop Feeding Your Dragon" first as it provides the framework upon which all her other courses are built.



Treasure Valley Accolades

"Sandy McDaniel is one incredible woman! Her insights into the causes of children's behavioral problems are spot on. With humor and homespun charm, she empowers parents by giving them the skills they need to discipline their children with fairness and consistency, and with a foundation of unconditional love. Her advice is practical and compassionate and her techniques provide a roadmap to raising children to be emotionally healthy, self-confident, and caring. I have raised children and worked with thousands of them; Sandy's powerful principles of youth development have helped me to gain a deeper understanding and to be more effective in my relationships with them. Thank you, Sandy, for sharing your wisdom with the world!"

Colleen Braga, Executive Director, Boys & Girls Clubs of Ada County, Idaho

"Sandy has helped me gain control of our house through her coin system. The structure gives our kids confidence and allows for harmony in our home. Thanks to Sandy, We've learned new ways to connect with each of our children and how to show each one how much they are loved."

Danielle DeProsperis Whisenand, Newport Beach, California

"I am a Love and Logic guy and have thought it was so much simpler than other parenting plans until today. I am the president elect of the AAP. I am intrigued by your concepts and love your clear commitment to happy, healthy child raising. I would love to meet with you again. We have three amazing boys though struggle with many of the things you mentioned today. I do love and logic way better with my patients in the office than at home. Take care and good luck with your move."

Sent a week later: "Sandy, we are enjoying so much more fun and peace. I had about 4 families this am that need you. I hope you can handle the Treasure Valley. I alone could keep you busy with families in my practice."

Sent a month later: "Thanks, drinking it in. We have used the minute drill all day and the closest anyone came was our 5 yr old got to 25 seconds. :) We just had one of the best and kindest bedtimes on a call day that we have had in months. WE also had our first time in the penalty box and the argument started, I mentioned the minute drill and it ended instantly. I am blessed to have been home for both dinner and bedtime tonight. Sandy, I cannot express my gratitude. You are a coach like no other I have ever had. I appreciate more than words can ever say. Prayers that your move goes well."

Tom Patterson, Saltzer Pediatrics, Nampa, ID



PARENTING FOR PARENTS

Currently, Sandy is offering the following parenting talks for parents:

- Stop Feeding Your Dragon
- The Three R's of Parenting; How to Raise Reliable, Respectful, Responsible Children
- Sowing the Seeds of Self-Esteem
- Out of the Frying Pan, Into the Fire (for Single Parents)

Stop Feeding Your Dragon (Parenting Boot Camp)



Audience: Parents, grandparents, child care givers

Time: 60 to 90 minutes

Description: Based on Sandy's latest book, "Don't Feed The Dragon," this talk includes Sandy's discipline system plus a host of specific solutions that plague today's parents.

When taking a series of Sandy's workshops, it is highly recommended that this course be taken first as it provides the framework upon which all the other courses are built.

Course Highlights

Teach your children how to:

- ☆ Mind you without threats, bribes, screaming or anger
- ☆ Stop melt-downs, arguing, fighting, defiant and disrespectful behavior
- ☆ Do homework, chores, listen and do something on time
- ☆ Make wise choices

"You have changed my life! I was a completely different person today and I feel like I've gotten my power back. I've been in a bit of a parenting slump lately and I know I can do this. Thank you with all of my heart."

Kathy Murray, Seal Beach, CA



Accolades for "Stop Feeding Your Dragon" (continued)

"The penalty box is something they really want to avoid. The 15 minutes taken away from their TV didn't appear to be a big deal until it was the 5th one. Now my older one tries to avoid losing her time by racking up pennies. Thank you! Thank you! Thank you!!!! I'm glad I'm learning some form of discipline. My in-laws live with me so it has been a challenge for my 8 year old/ 6 year old to listen. Forever Grateful,"

Milan Bhatt, Anaheim, CA

"Thank you again and again and again for coming out to talk to our residents and graduates about parenting. We have gotten such positive feedback, especially from the women in the shelter. They all feel that they now have tools to be effective and positive models with their children. Your generous gifts of knowledge and caring have touched all the women and children at Interval House."

Janine, Ex. Dir. Interval House Crisis Centers, Centers for Victims of Domestic Violence, CA

"My family came here from Mexico and I have been struggling with teaching my four children to become good citizens. Because several generations of my family live together it is hard to be consistent with the children. When I heard you talk, I knew that God had sent me the answers to my prayers. Everyone in the family now uses your Penalty Box and Minute Drill, and my children, as you teach, use power well. God bless you for helping our family be good citizens."

Maria Sanchez, San Clemente, CA

"Dear Sandy, I have three wonderful children who are truly great (most of the time). Somehow they started to learn this summer how to take advantage of me. I went to your lecture and bought your books. I opened your book "Don't Feed the Dragon" and I got my sanity back. Your principles are simple, easy to follow, and they work! It only took about 3 days for them to get it! I was reading "Recipes from Parenting" last night while in bed and giggling. My husband said "reading her stuff gives you strength, doesn't it?" It absolutely does! It's my therapy. Thank you, thank you, thank you."

Linda Clarkson, Newport Beach, CA

"Dear Sandy, I was lucky enough to hear you speak at our MOPS meeting this morning. I know it's only been one day, but you've changed my life. I was a completely different person today, and I feel like I've gotten my power back. I feel refreshed, and I know I can do this! Your stories, words of advice, humor, and love, have given me the strength to be a better mom. I'm so excited to tell everyone I know about you. I can't wait to teach my husband, too! So thank you again for such a wonderful gift. With much love & respect."

Laurie Shackelton, Irvine, CA



Accolades for "Stop Feeding Your Dragon" (continued)

"I read your Orange County Register column on children throwing tantrums and I sympathize; I simply had to contact you. I attended a workshop with Sandy Spurgeon McDaniel and I was so impressed, I purchased her book, "Don't Feed the Dragon." I shared it with my husband and then we attended a couples workshop and she went over the techniques in greater detail. They are stupid-simple, once you get the hang of it. We don't lose our tempers with the kids anymore (much) and the techniques she shared have worked miracles. I highly recommend contacting her because I think she is one of the best-kept secrets when it comes to parenting with sanity. Best of luck."

Elizabeth J. Connor, Santa Ana, CA

"I am a licensed childcare provider and licensed foster parent. The two children we adopted last year came with some real baggage. After attending your seminar and reading one of your books, both my childcare children and foster children mind without the need for anger or other negative behavior from me. Your ideas work!"

Mary Sadler, Orange County, CA

"I am pediatrician and mother of two young children. I use Sandy McDaniel's parenting techniques at home and I recommend them for my parents and their families. Her techniques are easy to learn and quickly effective. My children and I now have a much more peaceful relationship since adopting these methods"

Katie Copeland, MD, Nampa, ID



The Three R's of Parenting: How to Raise Reliable, Respectful, Responsible Children



Audience: Parents, grandparents, child caregivers

Time: 60 minutes

Description: Children and adults who do not defuse their stored up anger become volcanic and thus unable to make wise choices. Understanding the dynamics of anger, learning techniques for defusing anger and ways to defend oneself against incoming anger are included in this dynamic, informative parenting seminar. Sandy's powerful discipline system is a part of this training.

Course Highlights

Teach your children how to:

- ★ Do homework, chores / allowance
- ★ Combat peer pressure
- ★ Be kind and respectable to others
- ★ Mind without anger from you

Accolades for "The Three R's of Parenting; How to Raise Reliable, Respectful, Responsible Children"

"Sandy McDaniel came to our school this past winter and warmed our hearts and minds with a witty and intelligent presentation about raising children. No matter how many books or articles you read, there is nothing like hearing, first hand, stories and ideas from someone who has been in the trenches and continues to coach and present to parents all over the country. Attendance was tremendous and we had great feedback. We plan to have Sandy back as soon as possible!"

Lisa Hawkes, KASP parent, First United Methodist Church, Wesleyen Preschool, ID

"Practical strategies for parents and teachers were wrapped in love and laughter when Sandy spoke to our many-cultured parents. Parents flocked to the meeting and were given so much more than expected. She's an amazing resource for schools."

Adelle Yeaton, Principal, University Park Elementary School, Irvine, CA





Sowing the Seeds of Self-Esteem

Audience: Parents, grandparents, child caregivers

Time: 60 minutes

Description: Sowing the Seeds of Self-esteem is focused on specific ways to enhance your child's self-esteem.

Based on Sandy's 8-year research program, Project Self-Esteem, parents are taught how to teach their children to make wise choices and how to get out of difficult situations. Parents learn how to work with a child in a way that does not harm his/her self-esteem. This seminar includes a training in her powerful discipline system where children mind without any need for anger; and they are not resentful of the system because it is consistent and fair.

Course Highlights

- ☆ Enhance your child's sense of self-trust/self-esteem
- ☆ Teach your child how to make wise, safe choices
- ☆ Listen so your children feel heard
- ☆ Calmly hold the line and mean what you say

Accolades for "Sowing the Seeds of Self-Esteem"

"My relationship with (daughter) is at a place it never has been before. The boundaries are so clear to her she has no interest to cross them, she enjoys being around me more, and our time together is quality time. We have had so many amazing talks she is just incredible. Thank you and God bless your day."

S. Sallier, Cota de Casa, CA





Out of the Frying Pan, Into the Fire

Audience: Single Parents

Time: 60 to 90 minutes

Description: Parenting skills for single parents. Since over 50% of our parents are experiencing single parenting, it is imperative that we assist them with this job. Sandy raised three children as a single parent.

Course Highlights

- ★ Getting children to mind without anger
- ★ What do you do if your spouse disciplines differently?
- ★ How to prioritize your time and find room for yourself
- ★ How to help your children survive the pain of loss or divorce

Sandy is a single parent who has raised two grown children.

Accolades for "Out of the Frying Pan, Into the Fire"

"I am a single parent and there is no way I would have survived the change brought to my life and the lives of my three children without your parenting ideas. I more than survived, I am the mother I want to be."

Michele Carley, San Francisco, CA



PARENTING FOR CHILDREN AND THEIR PARENTS

Making Good Choices



Audience: Children and Their Parents

Time: 60 to 90 minutes

Description: For children from 4th through 10th grade, this is a 60 minute non-stop roll playing lesson filled with life skills that EVERY child needs in order to stand up to peer pressure and make good choices. The reason for putting parents and students together in the same class situation is to teach parents how to relate to their children and to provide both parents and their children the same information.

Sandy Spurgeon McDaniel is the co-author Project Self-Esteem, a Kindergarten through 6th grade program used in all 50 states and six foreign countries.

Course Highlights

- ☆ How decisions made about yourself influence your choices the rest of your life
- ☆ The reality of peer pressure and how to combat it
- ☆ Maintaining and enhancing your self-esteem
- ☆ Emotional survival skills: how to say no when you want to say no, how to stop from being harmed by criticism, how to make a wise choice under pressure
- ☆ Identifying the "traps" that can get you into trouble
- ☆ Anger management training
- ☆ Communication skills
- ☆ Bullying: How to not become one and how to deal with one

Accolades for "Making Good Choices"

"I've watched otherwise other wise bored pre-teenagers and teens come alive as they learn important life skills. Every student from 4th grade through high school needs this training."

Gayle Cinnamon, San Juan Capistrano, CA



Accolades for "Making Good Choices" (continued)

"Weaver Elementary School had their "survival skills" life skills class with Sandy yesterday and it was GREAT! The students readily participated in the workshop and were enthusiastically interested throughout the time period. Sandy has a special way of inviting young people to think about the effect of their choices—and lots of wonderful tools to help them make better choices. Parents and their children walked away with information, understanding and so much hope. Sandy is awesome!!"

Val Jenkins, Los Alamitos, CA

"We brought Sandy to Grass Valley, CA to give this workshop for parents and students. Over 100 families came, and loved it so much that we are having her back to do TWO more trainings. The students readily participated in the workshop and were enthusiastically interested throughout the time period. Sandy has a special way of inviting young people to think about the effect of their choices—and lots of wonderful tools to help them make better choices. Parents and their children walked away with information, understanding and so much hope. She is awesome! Tell your friends this is a life-saving class!"

Sue Botsford, Grass Valley, CA



PARENTING FOR CHILDCARE PROVIDERS



How to Get Off the Merry-Go-Round*

Audience: Childcare providers

Time: 60 minutes

Description: This course covers how to get off the merry-go-round by providing positive ways of working with children, getting them to pay attention, and to mind while meeting their emotional needs.

Course Highlights

- ★ Understanding the challenges for today's parents
- ★ How to enhance a child's self-esteem
- ★ How to teach integrity and values to children
- ★ How to teach children to be kind
- ★ Working with difficult parents

* This workshop can also be presented as a keynote address.

Accolades for "How to Get Off the Merry-Go-Round"

"I have seen Sandy McDaniel present at numerous conferences over the last year and I cannot say enough wonderful things about her. She speaks from the heart, she has the amazing ability to reach each and every participant in a special way, and she understands children in the most loving of ways. She is personable, funny, warm and applicable. Her presentations apply to anyone that is special in the lives of children. She has so many valuable presentations so we are definitely planning on having her return to do additional presentations. I am involved in several organizations and Sandy has spoken at two of them, the Broomfield Child Care Association and the Broomfield Early Childhood Summit. I don't think I will ever get tired of hearing Sandy speak."

Cathy Moyer, Broomfield Child Care Association, Broomfield Early Childhood Summit Instructor
for Colorado Department of Education - EQIT Initiative, CO



"Dear Sandy, Thank you so much for presenting at our 2010 early childhood conference on April 24th in Montrose, Colorado. Your keynote address and your workshop on "Taming the Bucking Bronco" were enjoyed by everyone! Here are some of the comments we received on our conference evaluations;

- "Sandy is one of the best speakers that I have learned from and listened to in a long time."
- "Sandy was very enjoyable – easy to listen to!"
- "Great stories, very humorous, excellent speaker/presenter"
- "Sandy's presentation was inspiring!"
- "Awesome! Sandy is very passionate about her work!"
- "Its obvious Sandy knows her material & believes in it!"

I have forwarded your information on to our new president; Dory Zowada as my term ended on May 1st. I know our members would love to have you present for us again! I am sending your contact information to other child care associations as they are always looking for good presenters. I also know several participants at our conference approached you and are looking forward to having you present for other groups in our community.

On a personal note words can not express the admiration and appreciation I have for you! It was an absolute pleasure working with you on our conference. You made everything so easy and fun! After hearing your keynote presentation at the Broomfield Child Care Association in September 2009 I knew that your words would be so beneficial to the child care professionals in our area! I especially connected to the stories about your relationships with your own children and grandchildren – your stories were so touching they brought tears to my eyes. I think as parents we should all strive to have that kind of relationship with our children! I am an instructor for "Positive Solutions for Families," a parenting workshop for parents based on the Social Emotional Pyramid. Your ideas go right along with the concepts in that course; building a relationship with your children, then teaching children what to do rather than constantly telling them what not to do.

Sandy, you will always have a special place in my heart – your generosity and warm personality are so refreshing! Once again thank you for EVERYTHING and I wish you the best of luck in all your future endeavors! Sincerely,"

Chasity DeJulio, Child Care Professional – Little Sprouts Preschool & Childcare, President – Black Canyon Child Care Association 2008-2010



FOR ADULTS



Leave Your Baggage at the Door

Audience: Adults

Time: 60 to 90 minutes

Description: What's the difference between someone who lives a successful life and someone who constantly embraces failure? Taken from her wonderful life skills book, "Leave Your Baggage At the Door" is a carefully sculptured training designed to invite people to put down their emotional baggage. It is filled with self-esteem enhancing exercises, anger management skills, and lots of positive support towards finding more peace inside.

Course Highlights

- ☆ Enhancing your self-esteem
- ☆ Communicating clearly
- ☆ Conflict-resolution skills
- ☆ Enhancing your personal power
- ☆ Forgiving yourself and others

Accolades from "Leave Your Baggage at the Door"

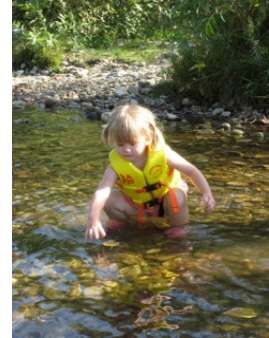
"No one can touch Sandy for delivery, knowledge about life skills and her passion to help parents parent their children better. She's like a sunset you can't capture but want to remember forever--and your life is undeniably changed."

Paula Neff, Plano, TX



TEACHER INSERVICES

Teacher Inservices



Audience: Single Parents

Time: 2 to 5 hours

Description: This course covers a wealth of solutions for meeting the needs of today's children, especially in the arena of working with difficult children. This course provides numerous tools that are applicable for classroom use.

Course Highlights

- ★ What is up with today's parents?
- ★ Why are today's parents so challenged?
- ★ Media influences on the brain
- ★ How to raise a child's self-esteem in school
- ★ Anger management/ Unkindness and bullying
- ★ Successfully working with difficult students/parents

Accolades for "Teacher Inservices"

"Sandy was the keynote speaker for the teachers of the CSJ Educational Network in August 2008. These workshops were held in San Rafael for 100 teachers, in Orange County for 175 teachers and in San Diego for 80 teachers. Every session was a full-day event. Sandy was well-prepared and is an expert in her area. She used a variety of teaching techniques to keep the subject matter moving and to address the various learning styles of the teachers. The evaluations from teachers were very positive. I would not hesitate to have Sandy work with us again."

Sister Judith Dugan, CSJ, Director of the CSJ Educational Network, Sisters of Saint Joseph of Orange, CA



Accolades for "Teacher Inservices" (continued)

"Sandy brought the house down in each of her three presentations! Sandy knows her material, engages the audience and was well-received by both teachers and administrators. To have a presentation by Sandy is a gift. One goes away energized, excited and prepared for the classroom. I highly recommend Sandy for any one of her gifted presentations."

Sue LoPiccolo, Assistant Director of the CSJ Educational Network, Sisters of Saint Joseph of Orange, CA

Additional Feedback on Teacher Workshops:

"Your knowledge is wonderful. After 38 years of teaching, I still learned some wonderful new things today."

"I can't wait to go to school to apply what I've learned!"

"Many of our teachers have been with our school for over 25 years; some are approaching 50 years of service! Not only did the young teachers gain a tremendous amount of insight, but our seasoned veterans have told me how much they were impacted by your materials. I have been on campus and witnessed our teachers using the materials you gave them that day. The classroom results are fantastic!"

Juli Bartells, PTA President, Christ Lutheran School, CA

"Sandy understands the demands upon teachers and provides solid solutions to maintaining a positive teaching environment. She is an excellent resource for teachers."

Mary Santoni, Principal, Saint Julian a Falconieri School, Fullerton, CA



FOR MEDICAL PROFESSIONALS



The 5-Minute Parenting Consult

Audience: Doctors, nurses, and medical professionals

Time: 30 to 60 minutes

Description: A lunch-meeting where doctors and staff are trained to handle difficult children and how to coach the parents to discipline their children so they learn to use power appropriately. Based on 48 years of research and experience in the field of child behavior, Sandy is a goldmine for any office that services families.

Course Highlights

Integrating practical and meaningful parenting advice into your busy practice:

- ☆ Practice Pearls
- ☆ Referral Resources
- ☆ Why today's parents are more challenged
- ☆ What do they need?
- ☆ Discipline system that is teachable in minutes
- ☆ Parenting help for doctors who are parents

Accolades for "The 5-Minute Parenting Consult"

"Sandy, I met you today at the pediatric meeting with Katie Copeland. I enjoyed it so much. I am intrigued by your concepts and love your clear commitment to happy, healthy child-raising."

Tom Patterson, Saltzer Pediatrics, Nampa, ID



FOR MILITARY DEPLOYED FAMILIES



Stop Feeding Your Dragon

Audience: Doctors, nurses, and medical professionals

Time: 30 to 60 minutes

Description: An especially tailored parenting seminar, designed to help families remain stable during the process of out-going and in-coming deployment.

Course Highlights

- ★ Parents learn how to stabilize home with a discipline system both of them easily use.
- ★ When one parent is deployed, the parent at home can hold the line.
- ★ When a deployed parent returns who is "frozen," that parent can help implement the discipline system already in progress, helping the children feel safe.

Accolades for Working with Deployed Families

"We are so thrilled you found your way into our lives. You are a godsend! Your parenting tools have truly helped enhance our parenting experience. You have given us extremely simple and effective tools to aid us in stopping the feeding frenzy of our three hungry dragons! We are forever grateful, thank-you!"

Nick and Christine Kukoski, Air Force, deployed family.



Accolades for Working with Deployed Families (continued)

"During my husband's deployment our daughter started acting out and physically and verbally and I knew that being pregnant I could not take the risk of hurting myself or the baby by trying to over- power her. I saw a flier about Sandy and had a friend loan me her book, "Don't Feed the Dragon". After reading it I thought this could be the key. I went to the seminar and started implementing what we discussed and things got better...until Daddy got home. The excitement, confusion and fear that he would be leaving again after being gone for a year was too much for her. I wanted and needed my husband and I to be on the same page and diffuse the fight before it started. The three of us met with Sandy. She had a gentle approach with Gabi and loved on Skeeter and helped us get a game plan in place so we knew how to respond, without the fight, when Gabi gets mad. We are all going through a transition getting to a new normal post deployment but Sandy has given our family some new tools that are practical, geared toward love and respect and we are all better for having gotten to know Sandy and her parenting approach."

Megan, National Guard

"We LOVE Sandy McDaniel! My husband was deployed for almost a full year, from the time our daughter was age 2-1/2 till 3-1/2. We were worried about the readjustment she might go through when he got home, but with Sandy's guidance, the reunion was precious, and their relationship picked up where it left off. Sandy gave us insight on what to expect and how to handle it, including with gentle firmness if needed. We really appreciate Sandy's support and guidance. Sandy McDaniel has the biggest heart and wisest mind -- and her willingness to share both is priceless!"

Christy Stansell, wife of SeaBee Tyler, deployed.



PRIVATE PARENT COACHING

Private Parent Coaching



Audience: Parents and child care providers

Time: 1 to 2 hours

Description: Sometimes, the hard part of learning a new structure of discipline for their home is how to tailor it to meet individual needs. In a two hour session, Sandy helps parents to vacuum the chaos, anger and lack of harmony out of their home and they learn how to raise reliable, responsible loving children. Contact sandy@sandymcdaniel.com or call (208) 514-4083 for a flyer. Sessions are available in person or by phone.

Past Successes

- ★ A couple learned how to work together better as a team in their parenting challenges
- ★ A mother improved communication with her mother-in-law so they can work together
- ★ A mother and the nanny learned to work together as a team and improved consistency
- ★ A teenager and her parents learned to communicate clearly and respectfully with each other
- ★ A single parent received much needed support and perspective from Sandy's personal experience as a single mom

Accolades for Private Parent Coaching

"Praise the Lord for Sandy McDaniel! Not because of the money....I would have paid much more to have the help that just talking to her once did me! Forget the money! She is worth a million!!"

Lori, Newport Beach, CA

"I can't believe how quickly Sandy helped me solve my parenting problems. I saw myself and my capabilities in a whole new light, and hung up the phone feeling able to parent in a way I knew was possible. I thank God for Sandy McDaniel!"

L.L., NV



WORKING WITH AT RISK-STUDENTS

Sandy taught fourth grade for five years and asked for the children no one wanted; she says that they taught her—and believes that there is no such thing as a “bad kid”—just a lost child who needs boundaries, to be taught life skills and to be loved.

Sandy has worked with many challenging parents in her private parent coaching practice. She has trained innumerable groups in working with children, especially difficult children. Sandy has worked in battered women’s shelters, with foster parents and with thousands of “normally challenged parents.

CULVER CITY MIDDLE SCHOOL

Culver City, CA – 1996-1997

Sandy was hired as a consultant to Culver City Middle School in Culver City, CA. It was a “lock down” school meaning students came through a single entrance in the morning and the doors to each block of classrooms were locked after the bell. Security people patrolled the campus.

Sandy worked in close association with the teachers and staff members. If a student made a sudden change in behavior or performance, that student was sent to her; often the problem was solvable with her intervention. She worked on a one-to-one basis with over a dozen of the most difficult students. 80% of the students improved, eight of them graduated from middle school and four of them graduated from high school. The latter was with no further intervention after her one year with them. The commodity that worked is that Sandy truly care about the kids.

Sandy presented her Making Good Choices class to the entire school. It is her belief that we ask students to make choices and do not arm them with the ability to do so. The faculty saw students banding together to stand up for a victimized student, the number of fights decreased, and teachers reported that being accountable to Sandy reversed the pattern of negative behavior in dozens of students.

Monthly parenting classes were offered to the parents at-large; the attendance grew each month.

Sandy worked with the faculty and taught two teacher inservices, working with them on enhancing the self-esteem of students.

Accolades from Culver City Middle School

“Writing a recommendation for Sandy is impossible! You struggle with all the tried and true adjectives and none are enough. Whether she is working with parents, students or staff members, the only appropriate words are, Sandy is magic!”

Dawn Stanley, Principal, Culver City Middle School, Culver City, CA



MOUNT MIGUEL HIGH SCHOOL, SPRING VALLEY

San Diego, CA – 1997-1998

Sandy was hired to work with twelve "severely truant" students. She worked closely with the teachers and the success of this intervention, in her opinion, was that parents were required to attend two parenting workshops before their child could be in her "success" class. Sandy believes it is counter-productive to "fix" kids and put them back in broken homes. When parents were helped to discipline their children there were less infractions on the school campus.

Sandy created a learning how to study class for these students and taught them how to take a test. Ten of the students, who had straight F's got close to perfect scores on the test. Those students were accused of cheating which was retracted when the students were able to verbally answer questions from the test. When students miss a lot of school they feel hopelessly behind; it is important to help them "catch up" so they don't feel school is hopeless.

Accolades from Mount Miguel High School

"I have had the opportunity to directly observe Sandy under many different circumstances as a teacher, counselor, friend and mother. She has always proven to be professional, knowledgeable and caring in each of these roles. Sandy has handled the complexities of working with the most difficult attendance problems in our school. One young man had missed 23 days in the first semester. Since working with Sandy he has not missed one day in the last fourteen weeks. Sandy's relaxed demeanor, sense of humor and friendly personality have made her very popular with students, parents and faculty. Sandy's humanistic approach in dealing with some very delicate and difficult personal situations impressed me the most. She is truly a professional!"

Gary Cooper, Title One Coordinator, CA



AVALON FAMILY AND COMMUNITY EDUCATION PROGRAM

Avalon, CA – 1998-2000

Avalon is on Catalina Island in California. Sandy worked with much of the community in solving some of the problems that isolation (living on an island) present.

While working in Avalon, Sandy:

- Used closed circuit TV to create parent education videos to educate the community. Within one week of airing those programs, not only had the parents bought in, the children were watching the program!
- Was given a list of difficult students with which she spent time and set goals/boundaries and kept track of them.
- Worked with individual families teaching parenting skills and teaching the family to work together rather than being at odds all the time.
- Wrote a parenting column for the local newspaper.
- Convinced the city to use the Senior Center to get senior citizens to teach skills to willing students: computer, cooking, and a journal classes. Sandy believes we discard our seniors when they have the commodity totally lacking in today's parents: time. This was a very successful means of uniting the community.

Accolades from Avalon

"The word impossible is unknown to this amazing woman who constantly looks for solutions and is unimpressed by the odds against her. Our city is better for her passionate, loving efforts to help our children."

Ralph Mayer, Mayor, Avalon, Catalina Island, CA



KEYNOTE ADDRESSES

Sandy has been a keynote speaker at too many events to mention over the years beginning when she was 22. Below are highlights from her many speaking engagements over the years.

PAST KEYNOTES

- MOTS (Mothers of Multiples) Convention Keynote
- Broomfield Childhood Association Keynote
- Black Canyon Childhood Association Keynote
- Parent Participation Preschool Convention keynote
- National Charity League Convention keynote
- National Assistance League National Convention keynote
- California State PTA Convention
- New Alternatives trained trainers
- YMCA trained staff
- National Charity League, 8th Grade girls



Accolades from Past Keynote Addresses

"Sandy was the keynote speaker for the teachers of the CSJ Educational Network in August 2008. These workshops were held in San Rafael for 100 teachers, in Orange County for 175 teachers and in San Diego for 80 teachers. Every session was a full-day event. Sandy was well-prepared and is an expert in her area. She used a variety of teaching techniques to keep the subject matter moving and to address the various learning styles of the teachers. The evaluations from teachers were very positive. I would not hesitate to have Sandy work with us again."

Sister Judith Dugan, CSJ, Director of the CSJ Educational Network, Sisters of Saint Joseph of Orange, CA



Accolades from Past Keynote Addresses (continued)

"Your extraordinary presentation evoked more emotions in an hour than most of use experience in a lifetime! The loving, caring and passionate way you deal withy life's challenges will enhance our way of thinking for a very long time."

Marty Forbes, Director of Convention, National Assistance League, CA

"Sandy brought the house down in each of her three presentations! Sandy knows her material, engages the audience and was well-received by both teachers and administrators. To have a presentation by Sandy is a gift. One goes away energized, excited and prepared for the classroom. I highly recommend Sandy for any one of her gifted presentations."

Sue LoPiccolo Assistant Director CSJ Educational Network, Sisters of Saint Joseph of Orange, CA

"In other words....."

Sandy is one of a kind! Her heartwarming stories and witty sense of humor captivate audiences. Sandy was so easy to work with and extremely generous! If it was up to me we'd have Sandy present at our conference every year!"

Chasity DeJulio, Child Care Professional – Little Sprouts Preschool & Childcare, President – Black Canyon Child Care Association 2008-2010

Sandy customizes each keynote topic and content for the audience. See "[How to Get Off the Merry-Go-Round](#)" for a talk that can also be a keynote.

WHAT'S UP WITH TODAY'S CHILDREN?

This keynote address provides 10 mini-lessons on specific ways to become a more effective parent. Sandy addresses how the changes in children today change the responsibility of the caregiver. She talks about what today's child needs in terms of emotional support, boundaries and life skills, and how to teach those things. She also talks about anger management and how to enhance the self-esteem of children. Sandy passionately believes that teaching children to be kind is paramount to our survival as a country. Sandy's revolutionary discipline system is included in this talk.

Accolades from What's Up with Today's Children?

"Sandy's presentations are always relevant, lively, loving and hope fills the heart of parents overwhelmed by having twins, triplets or (in my case) quadruplets! She lets you laugh at yourself and learn to do better without guilt or remorse. My seven year old children are well-behaved because I use Sandy's incredible discipline system. Run, don't walk to hear her speak; it will change your life forever."

Cindy Anderson, mother of quadruplets, Aliso Viejo, CA



LEAVE YOUR BAGGAGE AT THE DOOR

What's the difference between someone who lives a successful life and someone who constantly embraces failure? Taken from her wonderful life skills book, "Leave Your Baggage At the Door" is a carefully sculptured training designed to invite people to put down their emotional baggage. It is filled with self-esteem enhancing exercises, anger management skills, and lots of positive support towards finding more peace inside.

Accolades from Leave Your Baggage at the Door

"No one can touch Sandy for delivery, knowledge about life skills and her passion to help parents parent their children better. She's like a sunset you can't capture but want to remember forever--and your life is undeniably changed."

Paula Neff, Plano, TX

NEWSPAPERS AND RADIO

"ORANGE COUNTY REGISTER," CA

8 Years: Featured columnist, "Parenting Solutions" for the "Orange County Register."

"Sandy is one of the best columnists in the Register. She has constantly dispensed concrete, common-sense advice to parents on how to raise respectful, productive and most importantly kind and loving children. Her columns reinforce key points and strategies, building on the concepts from one week to the next. As a result we have been able to see people in the community using her techniques with positive results. The half dozen evening parenting workshops the Register sponsored filled our auditorium. We have found her to be a dynamic and much-respected voice in our community and an ardent advocate for children."

Cathy Lawhorn, Team Leader, Family Health and Religion, CA

"Hi, Sandy, I am a 73-year-old grandma who loves reading your column in the paper. I am a better grandmother because of you."

Barbara Stodart, Orange County, CA



"SCHOOL NEWS ROLL CALL," CA

7 years: Featured parenting columnist for the "School News Roll Call."
(see schoolnewsrollcall.com)

"Sandy has been a columnist for the School News Roll Call for seven years. In addition to her regular columns, Sandy will readily write on a subject requested by our readers. Two most recent requests were volunteerism and cheating. Sandy has a way of writing a dialogue easily understood and at the same time instilling confidence as she builds a rapport with the readers. She is one of those people you just want to know beyond the page.

I am hopeful Sandy will continue to be a columnist with our publications no matter where she physically lives. She is our favorite columnist."

Kay Coop, Founder/Publisher, CA

"OLD TOWN ORANGE PLAZA REVIEW," CA

Current guest columnist for the "Old Town Orange Plaza Review."

"The readers love her warm, practical approach to solving difficult parenting problems."

Mike Escobedo, Publisher, CA

KBRT RADIO, ORANGE COUNTY, CA**Guest Speaker on Parenting Issues**

"Sandy, I heard you on KBRT the other day and have been trying to find the title in a local library. Do you know where the resource can be found, excepting the outright purchase? I am a contractor and work is slow etc.

P.S. I tried the penny in the jar Wednesday with my 15 year old son and my wife perked up and said "hey that's a good idea!" I told her I was just eating some crumbs that fell off the plate of another. Thanks."

Glenn Brooks, Orange County, CA

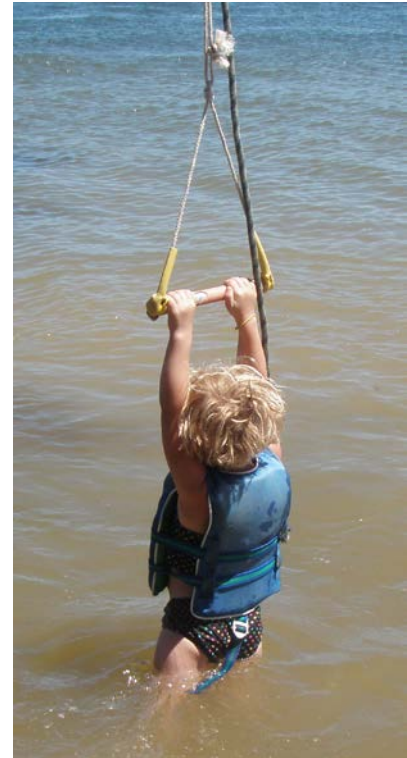


REFERENCES

IN IDAHO AND THE TREASURE VALLEY

GENERAL TREASURE VALLEY REFERENCES

- Marcy Chadwell, Treasure Valley, ID
- Tina Richards, Boise, ID
- Peggy and Dan Minnaert, Boise, ID
- Robert and Suzanne Sieker, Meridian, ID
- Amy and Doug Dockter, Meridian, ID
- Jeri Walker, Administrator, Cathedral of the Rockies, ID
- Linda Hawkes, KASP Director, Wesleyen Preschool, ID
- Lorissa Horn, Director Youth Ministries, Saint Johns Cathedral, ID
- Karla Dickson and Sherry Iverson, Director of Women's and Children's Education, Saint Luke's Hospital, ID
- Michael Sager, pastor Hope Lutheran Church, Eagle, ID
- Sandra Thompson, Jerome School District, ID
- Coleen Braga, Executive Director, Boys and Girls Club, Ada County, ID
- Dr. Ally Van Steenberg, Pediatrician, Meridian, ID
- Dr. Barbara Kissam, Pediatrician, Meridian, ID
- Dr. Katie Copeland, Saltzer Medical Group, Nampa, ID
- Dr. Tom Patterson, Saltzer Medical Group, Nampa, ID
- Dr. Noreen Womack, Saint Alphonsus Pediatricians, Boise, ID
- Dr. Coleen Jarvis, Dentist, ID
- Michele Capps, Superintendent Murtaugh Schools, ID
- Sandra Thompson, Jerome School District, ID



Sandy has worked with children and families in California for 48 years. See Testimonials about her work on parentingSOS.com.



CHURCHES

- American Martyrs in Manhattan Beach, CA
- Calvary Church, Laguna Hills, CA
- Cathedral of the Rockies/First United Methodist, Boise, ID
- Chino Valley Community Church, CA
- Church of Christ, Anaheim, CA
- Community Presbyterian Church, CA
- Diamond Bar Congregational, CA
- Eastside Christian, Fullerton, CA
- First Christian, Huntington Beach, CA
- Geneva Presbyterian, El Toro, CA
- Good Shepherd Methodist, Westminster, CA
- Good Shepherd, Westminster, CA
- Hephatha Lutheran, Anaheim, CA
- Hope Lutheran, Eagle, ID
- Saint John's, Orange, CA
- Saint Mary's, Episcopal, CA
- Saint Timothy's, Laguna Niguel, CA
- Trinity Church, Oahu, HI
- Messiah Lutheran's, Yorba Linda and Buena Park, CA
- Northridge First Lutheran, Northridge, CA
- Our Lady Fatima, San Clemente, CA
- Our Lady Queen of Angels, Newport Beach, CA
- Our Redeemer Lutheran, CA
- Our Savior Lutheran's San Clemente, CA
- Rancho Santa Margarita Mission Hills, CA
- Reflections Presbyterian, Meridian, ID
- Saddleback, Lake Forest, CA
- Salem Lutheran's, Orange, CA
- Saint Anne's, Dana Point, CA
- Saint Irenaeus, Cypress, CA
- Saint Joachim, Costa Mesa, CA
- Saint Joachim's, Costa Mesa, CA
- Saint Mary's, Episcopal, CA
- Saint Stevens Lutheran, CA
- Saint John's Cathedral, Boise, ID
- University United Methodist, CA

Accolades from Church Presentations

"We want you to do several workshops for us in the fall; everyone is asking for you to come again. I know you are going to be a huge success here and God will use your gifts and talents to touch and help many people."

Lorissa Horn, Director Youth Ministries, St John's Cathedral, Boise, ID



Accolades from Church Presentations (continued)

"We loved your presentation and hope you will return when you move to Idaho. Blessings!"

Pastor Michael Sager, Hope Lutheran, Eagle, ID

"Sandy McDaniel came to our school this past winter and warmed our hearts and minds with a witty and intelligent presentation about raising children. Attendance was tremendous and we had great feedback. We plan to have Sandy back as soon as possible."

Lisa Hawks, KASP, Wesleyan Preschool, First United Methodist Church, Boise, ID

"I loved every minute of Sandy's parenting seminar. She was very inspiring and had some great ideas for improvement on parenting. I had several friends attend with me and everyone was so pleased with her ideas and inspiration. We are going to have her present a in our community and I know she will have a captive audience. I am looking forward to hearing more from her in the near future. Regards!"

Tina Richards, Boise, ID

"Thank you so much for the workshop you put on for the parents of our preschool and church families. I have never heard so many positive comments about a program. Your lively manner and personal sharing created a warm and comfortable atmosphere for everyone. The information on parenting skills, the suggestions for building self-esteem in our children were all taken to heart. In the weeks following the event, I enjoyed hearing from parents how they have tried to utilized all that they learned from you. I know I rushed right home and started putting your ideas into practice in our family."

Cynthia Williams, Pastor, University United Methodist Church, Irvine, CA



MOPS / MOMS / MOTS GROUPS

- Canyon Hills Friends, CA
- Chino Valley Community MOPS, CA
- Coast Hills, Mission Viejo, CA
- Conejo Valley Multiples, CA
- Cornerstone, Placentia, CA
- Evangelist Church of Huntington Beach, CA
- Geneva Presbyterian, CA
- Huntington Beach Calvary, CA
- Laguna Hills, CA
- Laguna Hills Calvary, CA
- Laguna Niguel Presbyterian, CA
- Long Beach MOTS, CA
- Mariners Friday MOPS, Newport Beach, CA
- Mariners Thursday MOPS, Newport Beach, CA
- Mariners Tuesday MOPS, Newport Beach, CA
- Mission Hills, Mission Viejo, CA
- Mission Viejo Moms 2 Moms, CA
- San Antonio MOMS, CA
- Rancho Santa Margarita Moms Nurturing Moms, CA
- Redondo Beach MOPS, CA
- Saddleback Multiples, CA
- San Antonio MOMS, Huntington Hills, CA
- San Clemente Presbyterian Church, CA
- Saint Anne's Circle, Dana Point, CA
- Saint Johns of Orange, CA
- Trinity, Santa Ana, CA
- University United Methodist, CA
- Yorba Linda Moms on the Run, CA
- Mariners Wed MOPS, Newport Beach, CA

Accolades from MOPS / MOMS / MOTS Groups

"Sandy spoke to my mom's group in Orange County, CA and was a raving success! After booking over 15 speakers a year for the group, Sandy by far created the most buzz within our group and has been the most requested speaker from the women to return. She spoke in a fun and entertaining style and gave practical advice that could be applied immediately at home. I have heard from many of our moms who have put her techniques into practice and are having success. I have a 3 year old daughter who I use Sandy's "Penny" technique with- this has made a huge difference in our lives at home!"

Dayna Graveline, MOM 2 MOM Coordinator, Mission Hills Community Church, Rancho Santa Margarita, CA



Accolades from MOPS / MOMS / MOTS Groups (continued)

"Dear Sandy, I have read many of the Dr. Sears books, studied the S.T.E.P. parenting program, completed intense therapy to help reconcile my past, and researched and read many other schools of thought in search of a healthy working role model of what it is to be a mother and how to parent through a positive teaching role.

I even enrolled in a local Adult School Parent Education Classes. I enthusiastically supported the theory, but was very disappointed because I felt the class lacked a final crucial step: bridging the gap between theory and practicum. I needed a map of TOOLS for the million and one scenarios we find ourselves in when trying to raise our children: realistic examples, phrases to say, options to pull out of a hat in a split second, consequences matched to actions.

I first heard of your book when I was a member of the MOMS Club of Westminster Chapter. The mothers who had read them exhibited the same parenting skills I was struggling so hard to perfect. I ordered two of your books. I cannot tell you how much your books have empowered me to finally achieve my mantra of NOT repeating my mother's mistakes. Until then, I had no idea of how to practice the school of parenting I supported and believed in whole heartedly. Now I have the TOOLS to stop the cycle and prevent my kids from suffering a similar childhood. Your books are brilliant and of all of the parenting books I've read, are the first to actually map it out. So, I thank you whole heartedly for sharing your experience with the rest of us. It has saved me as a parent, and my children. I cannot thank you enough for that.

I hear you are an awesome speaker and I'd like you to speak at one of our MOMS Club events. I hear you moved to Idaho and it is very important to me that you receive my gratitude and appreciation and learn about yet another mother and two children (and their children's children) whose lives you have helped change forever. Thank you, again. Most Sincerely,"

Jennifer L. Cordsen, MOMS Club of Westminster Chapter, CA



PRESCHOOLS

- Hasting Ranch, CA
- Irvine Community Preschool, CA
- Laguna Parent Participation, CA
- Orange Coast College Childhood Lab School, CA
- Palos Verdes Hills Nursery, CA
- Seal Beach Playgroup, CA
- Sunshine Preschool, Costa Mesa, CA
- Turtlerock Preschool, CA
- Tustin Community Preschool, CA
- United Methodist Preschool, Rossmore, CA
- Westminster Nursery, CA
- Serra Preschool, San Clemente, CA

Accolades from Preschools

"Dear Sandy: Tonight you spoke at my son's preschool at Serra in San Clemente. I was unable to make it as I work on Wednesday evenings but my husband, Paolo Benzan, went. I had mentioned you would be speaking and I was eager to hear his impressions. He came home with ALL three of your books and singing your praise. His words were, 'She totally has got it!' I am venturing to guess he was the only tall, bald guy in the room. He is much more the stoic and skeptical type so his enthusiasm is all that much more impressive. I thought you should hear the praise and I look forward to reading the books! Thanks."

Tupper Spring, Dana Point, CA

"As past president of the Orange County Council of Parent Participation Preschools, I highly recommend Sandy McDaniel as a speaker to church groups, schools, and community events. Sandy is a highly regarded parenting expert in Orange County, CA. Schools and parenting groups throughout Southern California seek her out for group, as well as individual, advice. Her "back to the basics" common sense approach to parenting has helped my generation of new parents realize that giving love and attention, not more "stuff", is what makes a successful parent. She instills confidence to do what's right for our kids.... even in the midst of other societal pressures. Her books have provided guidance to me as I strive to raise my three beautiful daughters in this crazy world. Thanks Sandy, for keeping me on track!"

Christina Draper, Orange County, CA

"As a mother of a two and a half year old and 18 month old triplets, I have found the ultimate parenting source. I have read parenting books, magazines, gone to classes and I learned more in one session with than I have in the past four years. She is truly and expert on children."

Angela Black, Orange County, CA



SCHOOLS

- Arroyo Vista, Rancho Santa Margarita, CA
- Avalon Elementary, Catalina Island, CA
- Brywood Elementary, Irvine, CA
- Canyon Vista, Alisa Viejo, CA
- Carden Hall, Newport Beach, CA
- Freemont Private School, Orange and Anaheim, CA
- Imperial Elementary, Anaheim, CA
- Jim Thorpe Elementary, Santa Ana, CA
- La Dera Elementary, CA
- Los Alamitos Elementary, CA
- Marblehead Elementary, San Clemente, CA
- Plavan Elementary, Fountain Valley, CA
- Saint Anne's School, Laguna Niguel, CA
- Villa Park Elementary, CA

Accolades from Schools

"What a tremendous experience it was listening to you at our PTA meeting. The meeting easily tripled our typical attendance and feedback is still funneling in the RAVE category. It was refreshing to listen to your rational, no-nonsense approaches; thank you for giving us so many tools to be better parents. Thank you again for your superlative contributions to the lives of our PTA parents."

Rick Gordon, PTA President, J.H. McGaugh Elementary School, Seal Beach, CA

"I have 3 wonderful children. I purchased at your parenting seminar at Mariner's Elementary last spring, and I got my sanity back. Your principles are simple, easy to follow, and they work! It only took about 3 days for them to get it! I was reading "Recipes from Parenting" last night while in bed and giggling. My husband said, "reading her stuff gives you strength, doesn't it?" It absolutely does! It's my therapy. Thank you, thank you, thank you."

Linda Clarkson, Newport Beach, CA

"Sandy, thank you for a great presentation. I apologize for not thanking you sooner. Several of the people in attendance approached me to say that they thought the evening had helped them better handle various issues with their children. Your teaching has been a great gift to our community. I know that your evening with us will have a positive impact on the families at our school.

I hope everything goes well with your move. It sounds like you are moving to a place of great happiness. Please know that you have left us better for your presence. Take care,"

Peter Hickey, Principal, Our Lady Guadalupe School, San Diego, CA



Accolades from Schools (continued)

"Hi Sandy, You were magic and I am forever changed. I love my kids so much, but I am renewed to loving them better and differently now. I want my kids to grow and up think back to how much fun their childhood was. That alone inspires me. I know the other parents were very inspired and are grateful for you insight. Thank you again for coming to our school."

Suzanne St. Clair, Long Beach, CA

HOSPITALS

- Hoag Memorial Hospital, monthly parenting classes, Newport Beach, CA
- Saint Josephs Hospital, Orange, CA
- Salinas Valley Memorial Hospital, Salinas, CA

Accolades from Hospitals

"In the five years Sandy has been presenting monthly parenting lessons, the most often written comment is: What did you like the least? Answer: It ended too soon."

Lori Fernandez, OB Coordinator, Hoag Memorial Hospital, Newport Beach, CA

CONTACT INFORMATION

Sandy Spurgeon McDaniel

P.O. Box 1437

Meridian, ID 83642

Phone Number:

- In Idaho: (208) 514-4083

Websites:

- ParentingSOS.com: See this website for online parenting classes, a support library, and bookstore for purchasing Sandy's books.
- Sandymcdaniel.com: Sandy's original website providing more information about her.



PURCHASING SANDY'S BOOKS

You can purchase Sandy's books either through ParentingSOS.com (Bookstore tab) or via check mailed to the Idaho address listed above. Call Sandy for quantity pricing.

BOOK TITLE	DESCRIPTION	PRICE
Don't Feed The Dragon	<p>FINALLY! An easy to use tots thru teens parenting manual for solving day to day parenting challenges. This parent-friendly manual is divided into three sections:</p> <ul style="list-style-type: none"> ■ Parent Boot Camp: Fundamental information necessary for parents to raise reliable, respectable, responsible, resilient, and loving human beings. ■ Sandy's Revolutionary Discipline System: Based on 48 years of researching, teaching, and working with children, this is prescription parenting at its best! This system is easy to understand, easy to implement, and will quickly quell any misuse of power in your home. ■ Quick Reference Guide: Taken from a survey of 10,000 parents, 130 parental concerns and their solutions are listed in alphabetical order. To be used as a continual reference guide, this part of the book brings resolution to the "What do I do now?" questions parents ask themselves daily. <p>Book and Book on CD (narrated by Sandy S. McDaniel).</p>	\$20.00
Recipes from Parenting	<p>Finally! A how to book written in a format that you can use as a reference. One topic per page is a perfect solution to having too little time to read book chapters. You will laugh and cry your way to understanding your role as a parent from a research-based, logical, real-life and story-filled loving format. This book is cherished by both men and women. A special gift for yourself or to give to family and friends.</p>	\$20.00



BOOK TITLE	DESCRIPTION	PRICE
Leave Your Baggage at the Door	If you are concerned about passing your garbage down to your children, or want to feel less emptiness inside, this is the book for you! Topics included in this easily digested book are: Enhancing self-esteem, Clear communication skills, Relationship skills and Working effectively with anger. This non-judgmental book is filled with concise examples of how to break out of the web of dysfunctional cycles that cause you pain. Wrap yourself up in soft, loving ways to put light into the dark corners of your life.	\$20.00

