

Believe you are Beautiful!



Believe you are Beautiful is a delightful book filled with life lessons for adults and children including bullying, the importance of kindness, honoring differences, trusting and believing in yourself. Believing—the book's primary message—Beauty is on the inside, therefore (no exceptions) *you are beautiful* is the foundation for a child being less likely to harm self or others—less bullies, less victims, less self-harm, and more Love!

Enchantingly written and masterfully illustrated by:

Author: Sandy Spurgeon McDaniel, parentingsos.com

Illustrator: Stephanie Mullani, trublishing.com

Available now on: Amazon and Kindle

Recommended for:
ages 3 to 103 😊



"I can't wait to share this amazing book with friends, family and co-workers!"

Lisa Thorne, Corporate Trainer,
John Maxwell Co.

This is an independently published book; please share with friends, family, church, school and community.

The intent of this book is to teach children to take responsibility for their choices and value their lives.

Coming soon: www.BelieveyouareBeautiful.com

The website will address questions and answers for parents and children.